



# Wright Robinson College

8<sup>th</sup> June 2020/AU/Mr/CAJ

## Year 6 students Wright Robbie around the world

Dear Parents/Carers and Students

Firstly, we would like to welcome you all to Team Wright Robinson and to take the opportunity to wish you the best of luck as you embark on your Wright Robinson journey.

School sport and Physical Education both play a huge part in life at Wright Robinson and every year we participate in National School Sports Week. The NSSW campaign takes place to celebrate the important role of Physical Education and school sport in enhancing young people's well-being. This year's event will be taking place from **Saturday 20<sup>th</sup> - Friday 26<sup>th</sup> June 2020** and we are going to take on the challenge of getting **Wright Robbie around the world!**

As you are the newest members of Team WRC this will be a great opportunity for you to join in your first Wright Robinson activity and help us to get the whole team around the world together.

Our challenge is to travel 24,900 miles around the world in 7 days by taking part in physical activity. This can be walking, running or cycling and you can measure your distance in steps, miles or kilometres. At the end of each day please email your total daily household distance or steps to [aroundtheworld@wrightrobinson.co.uk](mailto:aroundtheworld@wrightrobinson.co.uk) and we will add it to our journey. Please include your son/daughter's full name, current year group (Year 6) and distance. We would also love to receive photos of you and your family taking part in any activity. By sending us photographs of you and your family taking part in the challenge you are agreeing to the college publishing these pictures on our social media platforms and our website. Each day there will be a prize draw on Instagram (selected at random) for everyone that has sent their daily distance.

We will be launching Wright Robbie around the world on **Monday 15<sup>th</sup> June at 11am** on the college website and on our social media platforms. If you don't already, please follow us at: @wrirobe on both Instagram & Twitter.

Remember every little helps so it could be a light jog in the park, a walk to the shops or shuttles in the garden. It is a great way to stay active and be part of the team!

We are extremely excited for you to get involved and be a part of our challenge. Good luck!

Yours sincerely

Mr M Haworth  
Headteacher



# Wright Robinson College

NSSW 2020 – Wright Robbie Around the World

Examples of devices and apps that you can use to record daily distances.

## Devices

### **Smart watches/bands**

Apple watch  
Fitbit  
Garmin watch  
Garmin band  
Samsung watch  
Huawei watch  
Xiaomi band  
Honor band  
Amazfit bip band

### **Tracking pods**

Garmin Running Dynamics Pod  
Adidas MiCoach  
APEX Athlete Series – GPS Performance Tracker

### **Fitness tracker Apps**

IPhone Activity app – Heart sign  
Nike Run Club  
Strava  
Fitbit: Health & Fitness  
My fitness pal  
Adidas Running - Runtastic  
Map My Fitness by Under Armour  
Map My Walk by Under Armour  
Map My Ride by Under Armour  
Bike GPS – Ride Tracker  
Fitlist – Gym workout log  
StepsApp Pedometer  
Runkeeper – GPS Running Tracker  
ActivityTracker Pedometer  
Pacer Pedometer & Step Tracker  
Fitness tracker

### **Route planning Apps**

IPhone Maps  
Google Maps  
Google Maps Ride  
Google Earth  
Waze Navigation & Live Traffic  
OS Maps  
Footpath Route planner  
Citymapper  
CycleMaps  
Maps+



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**A place of excellence where teamwork ensures learners are confident of success and proud of their College and Community**

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