



Wright Robinson College

8th June 2020/MR/AU/CAJ

Dear Parents/Carers and Students

We are writing to you with regards to National School Sports Week (NSSW) which is being launched through the Youth Sport Trust and in partnership with Sky Sports. The NSSW campaign takes place to celebrate the important role of Physical Education and school sport in enhancing young people's well-being. This year's event will take place from **Saturday 20th - Friday 26th June 2020** and will involve a whole school and community challenge called Wright Robbie Around the World.

Team Wright Robinson (WRC) aims to unite our community in a celebration of the power of sport, in bringing people closer and capturing the enjoyment, challenge and togetherness we are missing out on during isolation. Our challenge is to travel together around the world, 24,900 miles, over a period of 7 days and we need everyone's help to achieve this. We would like each and every member of your household to get involved in enabling us to reach our target. This is a fantastic way to stay active and spend time with your family whilst helping to connect with Team WRC in an unprecedented period of school closures and social distancing.

In order to complete our challenge, we are asking that you track and record any exercise or distance that you cover each day which can include, walking, running or cycling. There are several ways you can measure your distance and we have included a list on the reverse of this letter.

At the end of each day we ask that you email your total daily household distance or steps to aroundtheworld@wrightrobinson.co.uk. You need to include the following information about your son/daughter in the email; full name, current year group, house, distance in miles, km or total steps. We would also love to receive photos of you working towards your daily distance. By sending us photographs of you and your family taking part in the challenge you are agreeing to the college publishing these pictures on our social media platforms and our website. Each day there will be a prize draw on Instagram (selected at random) for everyone that has sent their daily distance. Please follow @wrirobe on Instagram & Twitter and see the WRC website for daily updates.

Our daily target as Team WRC is to reach 3,600 miles, so we are challenging each household to complete as many miles as they can per day. This may seem a long way but if we work together as a team we are confident of completing our NSSW challenge. Whether you are jogging in the park, walking to the shops or walking the dog, every step counts so get involved and let's get Wright Robbie around the world. Not only is it a great way to stay active with positive benefits on your physical and mental health but there are also prizes to be won.

There will be a video launch for our NSSW event which will take place on Monday 15th June at 11.00am via the school website and our Instagram page, so please tune in to watch it for more information.

We look forward to connecting with you during NSSW and throughout our challenge, as this is what makes Team WRC so successful. As ever we would like to thank you for your continued support throughout this challenging time.

Yours sincerely

Mr M Haworth
Headteacher



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are confident of success and proud of their College and Community

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Registered Charity under the Charities Act 2011. Abbey Hey Lane, Manchester, M18 8RL.

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NSSW 2020 – WRC Around the World

Examples of devices and apps that you can use to record daily distances.

Devices

Smart watches/bands

Apple watch
Fitbit
Garmin watch
Garmin band
Samsung watch
Huawei watch
Xiaomi band
Honor band
Amazfit bip band

Tracking pods

Garmin Running Dynamics Pod
Adidas MiCoach
APEX Athlete Series – GPS Performance Tracker

Fitness tracker Apps

IPhone Activity app
Nike Run Club
Strava
Fitbit: Health & Fitness
My fitness pal
Adidas Running - Runtastic
Map My Fitness by Under Armour
Map My Walk by Under Armour
Map My Ride by Under Armour
Bike GPS – Ride Tracker
Fitlist – Gym workout log
StepsApp Pedometer
Runkeeper – GPS Running Tracker
ActivityTracker Pedometer
Pacer Pedometer & Step Tracker
Fitness tracker

Route planning Apps

IPhone Maps
Google Maps
Google Maps Ride
Google Earth
Waze Navigation & Live Traffic
OS Maps
Footpath Route planner
Citymapper
CycleMaps
Maps+



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